

PERINATAL NETWORK OF MONROE COUNTY

Summer Networking Session

Date: June 30, 2011

Notes

The Networking session notes can be found on our Agency website www.perinatalnetwork.net click the "Provider tab; Human Service Providers; Information & Resources".

Attendees: Kamila Barnes, U of R; Nancy Carson, Excellus BCBS; Jennifer Cowan, eMOMS Rochester; Kim Ehrhart, U of R Behavioral Team; Jennifer Hemmerich, Parent Link Support Group; Liz Jefferson, Sojourner House; Shirley Magee-Rozzi, Women's Health Practice, U of R; Rachel Pickering, FLHSA HealthI Kids Initiative; Greg Hassett, ABC Early Head Start Home Base program; Ashley St. Onge, U of R eMoms Rochester; Walida Monroe, Sojourner House; Kathryn Reeners, ABC Head Start; Lisa Hauf, ABC Head Start; Deanna Taronino, Sojourner House; Sarah Taylor, Employment Connection and Rut Ortega, Monroe WIC.

PNMC Staff: Sherita Bullock; Yolanda Sayres and Jacqueline Procope-Isaacs.

Topic	Discussion	Follow-up/Action
1. Introductions/Welcome:	<ul style="list-style-type: none"> ❖ Welcome & Introductions were made by Sherita Bullock, PNMC Community Relations Manager. ❖ PNMC, a Catalyst for Change, Partnerships, Connections, Positive change. The Perinatal Network is leading the way to improve access to high quality care for pregnant and parenting women. <p><u>PNMC updates:</u></p> <ul style="list-style-type: none"> ❖ PNMC Resource directories are available on-line at www.perinatalnetwork.net. A link is available to add new listings or update your information. ❖ PNMC Outreach Coordinator educates women in the community about pregnancy and helps them to get into care as early as possible. ❖ PNMC Health Educator is available to do presentations about the Life Course health perspective. ❖ The Perinatal Coalitions meet quarterly (Oral Health, Perinatal Loss & Mood Disorder, Perinatal Smoking Cessation). ❖ The Community Consortium meets quarterly (a group of individuals bringing a community perspective to perinatal issues) 	<ul style="list-style-type: none"> ❖ Informational. ❖ Contact Diane Seely at dseely@perinatalnetwork.net ❖ Contact Yolanda Sayres at Ysayres@perinatalnetwork.net. ❖ To schedule a training, contact Ashley Bush at Abush@perinatalnetwork.net. ❖ Contact Jacqueline Procope-Isaacs at Jisaacs@perinatalnetwork.net; to join the Coalitions. ❖ Contact Sherita Bullock at sbullock@perinatalnetwork.net to join the Consortium.

<p>2. Programs in the Community</p>	<p>1. eMOMS Rochester</p> <ul style="list-style-type: none"> ❖ A research study for women who are less than 20 weeks pregnant between 18-35, will deliver in Rochester, and have a valid email address. The study uses a website and cell phones to help women in the Rochester area be healthy during pregnancy. The study begins during pregnancy and continues through the first year and a half after delivery. Participants receive up to \$140 in gift cards as a thank you. <p>2. Healthy Start Center at Unity Health System, 89 Genesee St.</p> <ul style="list-style-type: none"> ❖ Offers help to pregnant and parenting women with children up to age 2 that live in 14608, 14611, 14619, 14605, 14609, 14621, 14607, 14606, or 14613. Center provides educational services, smoking cessation, stress reduction, and mental health therapy. Offering "Incredible Years" baby and toddler program for 1-3 years old. <p>3. Comienzo Sano (Healthy Start) Clinton Family Health at Upper Falls Boulevard</p> <ul style="list-style-type: none"> ❖ Offers prenatal education, childcare, centering pregnancy yoga classes, and parenting programs. A Refugee group meets at the Clinic on Fridays. Women must be pregnant, or have children under the age of 2 and live in zip codes 14605, 14606, 14607, 14608, 14609, 14611, 14613, 14619, or 14621. <p>4. U of R Strong Recovery & Methadone Clinic</p> <ul style="list-style-type: none"> ❖ Offers replacement therapy and counseling for patients. They also treat pregnant women. <p>5. Excellus Blue Cross Blue Shield</p> <ul style="list-style-type: none"> ❖ Helps families get NYS health insurance at low or no cost based on income and household size. <p>6. Rochester Rehabilitation/ VESID/ Employment Connection/Learning to Achieve Self Reliance program (LASR)</p> <ul style="list-style-type: none"> ❖ Helps individuals achieve their goals of work, wellness and independence by providing job training, physical therapy, mental health services. Individuals are self sufficient and must be 18 years or older and cannot be linked to any other programs. Disability can be diagnosed or 	<ul style="list-style-type: none"> ❖ Participants can fill out the online form at emomsroch.org or call 273-3090 or email: signmeup@emoms.org. ❖ For more information call 368-3490. ❖ For more information contact Carmen at 922-0228/922-0234. ❖ For more information contact Kim Ehrhart at 275-3074. ❖ For more information call 1-800-716-4885. ❖ For more information and referrals call 263-2690 x 119. ❖ <i>Save the Date</i> – 10th Annual Homeless & Hunger Symposium, Wednesday, September 28, 2011. ❖ <i>Save the Date</i> – 4th Annual North American Housing and Special Needs
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<p><i>Programs continued</i></p>	<p>undiagnosed.</p> <p>7. Head Start 1+2+3 & Early Headstart Home based programs</p> <ul style="list-style-type: none"> ❖ The Goal is to reduce childhood obesity and expand parent outreach in the community by focusing on parents. ❖ Offers services for children and families from pregnancy to age three. Goal is to enhance the growth and development of infants and toddlers. Participants must meet the program eligibility requirements. <p>8. SIDS Support Inc and Parent Link Support Group</p> <ul style="list-style-type: none"> ❖ Focus on research, education and risk reduction and support for parents who have experienced loss. ❖ Parent Link support group meets every 4th Tuesday of the month. <p>9. HealthI Kids – FLHSA</p> <ul style="list-style-type: none"> ❖ The summer food service program is available in the city of Rochester and provides breakfast and lunch during the summer vacation. This is FREE to children under 18 years old. <p>10. SPCC/TAPSS/Building Healthy children/FTIP</p> <ul style="list-style-type: none"> ❖ <i>The Family Trauma Intervention Program (FTIP)</i> is a home and agency-based program providing a wide array of services for children and families who have experienced some sort of trauma and/or have been impacted by domestic violence. ❖ <i>The Incredible Years: Parents, Teachers and Children training series</i> is a comprehensive set of research-based curricula for parents of 2-8 year old children. Classes are 12 -14 weeks in length. Classes are open to the community unless otherwise specified. ❖ <i>TAPSS</i> offers intensive, long-term case management to young mothers age 13 - 21 and fathers ages 13 – 25. Services are home based and case managers’ work to address issues such as housing, healthcare, education, employment and parenting. ❖ <i>Building Healthy Children (BHC)</i> is a federally and locally funded collaborative effort between Mt. Hope Family Center, SPCC, Strong Pediatrics and Strong Social Work Department, serving young mothers and their children to decrease child maltreatment. <p>11. Monroe County WIC program</p> <ul style="list-style-type: none"> ❖ Offers nutritious foods to pregnant 	<p>Conference, October 26-27, 2011.</p> <ul style="list-style-type: none"> ❖ For more information call 325-5116 x3306 and 325-5116 x 3300. ❖ For more information call 234-3481, sids-suppor.org or support@parentlink.group.org. ❖ For more information and for the site nearest you call 224-3126 or 224-3112. ❖ For more information call 325-6101. ❖ For more information call 753-4942.
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<p><i>Programs continued</i></p>	<p>women or families with children up to 5 years old. Income guidelines apply and Mom must be a NYS resident.</p> <ul style="list-style-type: none"> ❖ <i>Breastfeeding Peer Counselor program</i> can help moms learn about breastfeeding their baby. Host monthly support groups for breastfeeding mothers. <p>12. Sojourner House</p> <ul style="list-style-type: none"> ❖ Provides shelter, structure and strength to women and children in the Rochester area to help them lead responsible and meaningful lives. Services include a 6 month transitional housing program, permanent affordable housing, education, employment, family stability, sobriety and economic stability. The <i>Dream Seeds Children's Program</i> provides artistic, academic and recreational opportunities to the Sojourner house children. <p>13. Women's Health Practice, at Strong Memorial Hospital U of R</p> <ul style="list-style-type: none"> ❖ Accepting new patients and provides affordable health care for women of all ages. They offer complete Obstetric care for all gynecological needs. 	<ul style="list-style-type: none"> ❖ For the breastfeeding help line call 753-5640. ❖ For more information call 436-7100. ❖ For more information call 275-2691.
<p>3. Next meeting.</p>	<ul style="list-style-type: none"> ❖ The Fall Networking Session. 	<ul style="list-style-type: none"> ❖ Date to be confirmed.

Notes taken by Jacqueline Procope-Isaacs