

PERINATAL NETWORK OF MONROE COUNTY

Winter Networking Session

Date: Tuesday, February 15, 2011

Notes

Attendees: Krysta Baccari, Nancy O'Rourke, Threshold Center; Jennifer Bemett, FRC Parents as Teachers; Megan Rundle, Alyssa Farina, Becky Krzywda, TAPSS SPCC; Nancy Carson, Excellus BCBS; Janet McKnight, Monroe County Health Dept; Sherry Coronas, MCLAC; Dedee Tisdale, ABC Early Head Start; Kathy Cole, Christina Hamilton, Kate Schlierf, Monroe Plan Baby Love; Linda Sullivan, RECDC; Emily Horowitz, Full Circle Wellness; Sue Cringoli, SHAC ALA; Julie Fugle, Cancer Services Program, U of R; Camille Julian, Monroe WIC; Carmen Lebron, Comienzo Sano at Clinton Family Health Center; Frank Mann & Erica, Project Step, Mt Hope Family Center; Michelle Sicily, FRC Hillside; Sonia Saltares, Perinatal Home Visiting Program MCHD; Susan Searls, Rochester School for Deaf; Kelly Wicker-Yount, Healthy Start Center; Tammy Bancroft-Brightman, ABVI Goodwill, 211 Lifeline; Susan Hall, South West Family Resource Center; Emma Kimble, Margie Usher, SKIP Generations, Hillside; Michael Dedee, MCDPH; Diana Capous, Mt Hope Family Center; Judy Sauer, Planned Parenthood; Eleanor Kane, CCSI, Latisha Williams MCHD Lead Coalition and Jennifer Pincus, Catholic Family Center Refugee Program.

PNMC Staff: Anita Marrero, CPPSN Program Manager; Ashley Bush, Health Educator and Jacqueline Procope-Isaacs.

Attendance 35. Evaluations returned 25.

Topic	Discussion	Follow-up/Action
1. Introductions/Welcome:	<ul style="list-style-type: none"> • Anita welcomed all in attendance and gave a brief overview. • March of Dimes Mothers-To-Be-Breakfast, Saturday April 9, 2011 from 8:30 to Noon. Contact Mary at 315-463-0700 x 12. Vendors are needed. This is a <u>free</u> event. <p><u>PNMC updates and events:</u></p> <ul style="list-style-type: none"> • Lunch & Learn educational event "Good Oral Health = Healthier Babies=Healthier Futures, March 4 at 12:30pm at Unity East Auditorium. • Lunch & Learn, "Douglas"; April 14 at Unity East, Noon-2:00p.m. • PNMC Annual conference, date and location to be confirmed. • PNMC Annual meeting, June 2, 2011. More details to come. • PNMC directories are available on-line at www.pnmc-hsr.org. A link is available to add new listings or update your information. We are in the process of updating the resource directory. • The Perinatal Coalitions meet quarterly. The Community Consortium meets 	<ul style="list-style-type: none"> • Contact Jacqueline Isaacs at jisaacs@pnmc-hsr.org, for more information about upcoming events. For more information or to join any of the Perinatal Coalitions (Perinatal Oral Health, Perinatal Mood Disorder & Perinatal Loss, Perinatal Smoking Cessation Coalition) please contact Anita at amarrero@pnmc-hsr.org • Contact Sherita Bullock at sbullock@pnmc-hsr.org for more information.

	<p>quarterly (a group of individuals bringing a community perspective to perinatal issues)</p>	
<p>2. Program updates</p>	<ol style="list-style-type: none"> 1. Healthy Start Center at Unity Health System, 89 Genesee St. <ul style="list-style-type: none"> • Offers help to pregnant and parenting women with children up to age 2 that live in 14608, 14611, 14619, 14605, 14609, 14621, 14607, 14606, or 14613. Center provides educational services, smoking cessation, stress reduction, and mental health therapy. Offering "Incredible Years" baby and toddler program for 1-3 years old. Healthy pregnancy class begins Wednesday, March 9 at 10-Noon. Transportation services have changed. 2. Comienzo Sano (Healthy Start) Clinton Family Health at Upper Falls Boulevard <ul style="list-style-type: none"> • Offers prenatal education, childcare, centering pregnancy yoga classes, and parenting programs. Begun a Refugee group at the Clinic on Fridays. Women must be pregnant, or have children under the age of 2 and live in zip codes 14605, 14606, 14607, 14608, 14609, 14611, 14613, 14619, or 14621. 3. PNMC Health Educator is available to do presentations about the Life Course health perspective. 4. Excellus Blue Cross Blue Shield <ul style="list-style-type: none"> • Offers health insurance to those with Medicaid, Blue Choice Option. Child Health Plus, Family Health Plus, Healthy New York and Value Med insurance programs are also available. Those who are laid off can be insured. Families must meet income eligibility. 4. Baby Love – Strong/Monroe Plan <ul style="list-style-type: none"> • Offers services for pregnant women. Accepts Medicaid and HMO BC option plans. Outreach home visiting program supports pregnant and parenting families in the community. New Program “Baby Love Right from the Start” connects clients with Parents as Teachers program. Mom must be pregnant and less than 30 weeks to be eligible for the program. Assists with car seats and baby supplies. 5. Perinatal Home Visiting Program; CHWAR; Monroe County Department of Health. <ul style="list-style-type: none"> • PHVP offers services to pregnant women who are 32 weeks pregnant or less and has no more than 1 other child, living in Monroe County. No cost to all eligible women. Now provides 	<ul style="list-style-type: none"> • For more information call 368-3490. • For more information and/or to register for the pregnancy classes call Kelly at 368-3737 or kwickeryout@unityhealth.org. • For more information contact Carmen at 922-0228/922-0234. • For more information or to schedule a presentation, contact Ashley Bush at 546-4930 x 218. • For more information call toll-free 1-800-716-4885. • For more information call 256-8421 or 244-5550 option 1. • For more information call 753-5227 for details. • For more information about CHWAR call 922-3507 or chwar@chwrochesterny.org. • For more information call 753-

<p>Program updates</p>	<p>Parents as Teachers born to learn certified curriculum.</p> <ul style="list-style-type: none"> • Various services available to families in Monroe County such as WIC, Nurse Family Partnership, Environmental services. • <i>CHWAR</i> –Community Health Workers Association of Rochester www.chwrochesterny.org is having a luncheon at Wishing Well on February 25. Seating is limited. <p>6. Society for the Protection and Care of Children (SPCC) – Parent Support Services/Building Healthy Children programs</p> <ul style="list-style-type: none"> • Program helps young mothers succeed who are under 21, families are patients at Strong Pediatrics, with no more than 2 children under age 3. TAPSS support teen parents build a positive future for themselves and their children. Serves young men and women who are 14-21. Incredible Years Parent training program is a 14 week parenting class for parents and care givers of children ages 2-8. <p>7. Regional Early Childhood Direction Center (RECDC) Monroe Boces</p> <ul style="list-style-type: none"> • Offers educational programs to families with children from birth to 5 years. Focus is on young children. Parent educational workshops are available focusing on topics such as stress and special needs. Accepting referrals. <p>8. Cancer Services Program of Monroe County</p> <ul style="list-style-type: none"> • Services available for Women, 40-54 and Men, 50-54 who face barriers to preventative health care and who are under-insured or uninsured. Offers free screening for breast, cervical and colon cancer. Enrollment occurs by phone and takes less than 5 minutes. The grant ends March 31, 2011 and there will be a kick-off event on March 4 at 11-2pm. <p>9. Parents as Teachers – FRC Crestwood; Skip Generations; Family Development & Parent Education.</p> <ul style="list-style-type: none"> • Provides parents with child development information (focused on prenatal to five years) and involves them in parent-child activities that encourage language development, intellectual growth, social development, and motor skills. <i>PAT</i> is a home visiting program for all families based on understanding that parents are their child’s first teachers. The program offers personal visits, group meetings, screenings, and linkages to community resources if needed. • <i>Family Development & Parent Education Program</i> supports parents and caregivers to improve parenting skills. • <i>Skip Generations</i> provides support grandparents and caregivers in the community to care for children in their care. 	<p>Kids.</p> <p>For more information:</p> <ul style="list-style-type: none"> • Contact SPCC at 325-6101; Strong Pediatrics at 275-3909; Mt Hope Family Center 275-2991x 213. • Contact Amy Smith at 753-6226 or amy.smith1@dfa.state.ny.us. <ul style="list-style-type: none"> • For more information contact Linda Sullivan at 249-7817. • For more information contact Julie Fugle at 224-3070. • For more information contact Jennifer Bemett at 436-0370. • For more information contact Linda James at 436-0370 x 302.
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<p>Program updates.</p>	<p>10. ABC Headstart/Early Headstart</p> <ul style="list-style-type: none"> Serves low income children from birth to age 3, and pregnant mothers, who are city residents. Also serves 3 and 4 year olds, offers half day and full day programs. Provides outreach to refugees. Head Start provides children with activities that help them grow mentally, socially, emotionally, and physically. Head Start children socialize with others, solve problems, and have other experiences, which help them to become self-confident. <p>11. Monroe County Legal Assistance Center</p> <ul style="list-style-type: none"> Provide free legal advice and representation in non-criminal matters to low income people of all ages. <i>Community Health Advocates</i> provide advice on Public Assistance, Food stamps, Medicaid, Childcare, Child only/Kinship Care benefits, RG&E shut-off, Health care benefits issues, Social Security, SSI, SSD, Debtor Creditor, Housing and Medicare. <i>The Nutrition Outreach and Education Program</i> helps Monroe County residents learn if they are eligible for food stamps. Make referrals to other nutrition, health and human services programs. <p>12. Nurse Family Partnership</p> <ul style="list-style-type: none"> Program for women who are having their first baby. A registered nurse will visit pregnant woman in home throughout pregnancy and continue until the baby is 2 years old. This is free to all eligible women. Actively recruiting new moms who must be 28 weeks or less to be eligible for program. There are 12 nurses working with program. <p>13. American Lung Association (ALA) SHAC</p> <ul style="list-style-type: none"> Mission is to help people lead healthy lives, improve lung health and prevents lung disease. Smoking Cessation project is helping landlords to have smoke free buildings, working with legislatures towards smoke free parks and playgrounds and convenient stores. <i>Save the date:</i> World “Kick butts” day is March 23. <p>14. Planned Parenthood Rochester Syracuse Region</p> <ul style="list-style-type: none"> Planned Parenthood helps to build strong families and ensuring that all people have the right to make choices based on their own moral standards. Offers a wide range of services such as Birth control, pregnancy testing, STD testing GYN checkups. New program <i>Connect & Breathe</i> provides an unbiased talk line for families after an abortion. <p>15. Rochester School for the Deaf (RSD)</p> <ul style="list-style-type: none"> Education begins at birth and focuses on families and develops individualized plans to 	<ul style="list-style-type: none"> For more information call 325-5116. For more information call 325-2520 or state hotline 888-614-5400. Please contact the Nurses at 753-5437(KIDS) for more information. For more information call 442-4260x112. For more information call 866-600-6886 or 546-2595. For more information www.connectandbreathe.org or call 866-647-1764. For more information call 286-2807.
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Program updates.

meet the needs of each child. Offers home based programs to families from birth-18 months. Also offers an early childhood Center based program for 18months to age 3 year.

16. CNY Healing Arts Wellness Center & Spa

- Support to help find balance and transition to parenting.
- Workshop available for pregnant women on February 26.

17. 211 Lifeline ABVI Goodwill

- Connects you to a local call center. 2-1-1 offers referrals for emergency food, shelter, clothing, crisis counseling, substance abuse issues, employment, financial and legal issues, physical and mental health needs, and more. Accessible 24 hours a day, seven days a week, including holidays, with Spanish-speaking call counselors and Language Line Translation Services available.
- Available to do presentations in the community.

18. Threshold At Community Place

- Services to adolescents and young adults include healthcare, prevention services and learning center. The Health center offers a sliding fee scale. Evening and Saturday hours available. There is a school based clinic inside of Franklin High School.
- Health educator is available to do presentations in the community.

19. Mt Hope Family Center – Project Step

- The study is looking for 250 families and how children with different family backgrounds and experiences develop. Seeking Mothers and Fathers with children between 4 & 5 years old. Offers free transportation, childcare and toy. Compensation of \$80&\$120 is given for the first 2 visits and will increase per year.

20. Monroe County Healthy Neighborhood Program

- Program year October 2010-September 2011.
- Serves low income residents with health and housing concerns who live in the City of Rochester in Zip codes 14609, 11 and 21. Free safety supplies available.

21. Coordinated Care Services Inc.(CCSI)

- Assist families with free or low-cost NYS health insurance such as CHP, FHP, and Medicaid.

22. Monroe County WIC program

- Provides WIC foods to pregnant woman, children up to 5 years old, breastfeeding mothers of babies up to 12 months old and mothers of babies up to 6 months old. You

- Contact Emily Horowitz, Mental Health Counselor at ehorowitz@cnyhealingarts.com or 585-244-1280 or 935-7122.

- For more information about presentations call Tammy at 758-1115.

- For more information call 454-7530.

- For more information call 275-2991x192.

- To schedule a home visit call 753-5070.

- For more information and help with application call 613-7662.

- For more information call 753-4WIC (4942).

	<p>get checks for WIC foods such as milk, cheese, cereal, etc. Families must meet the income eligibility guidelines.</p> <ul style="list-style-type: none"> • Breastfeeding Peer Counselor program offers support to breast feeding moms. Breast pumps and coupons are available. <p>23. Catholic Family Center – Refugee, Immigration & Language Services program</p> <ul style="list-style-type: none"> • Seeking resources in the community for the refugees. They have resettled over 800 people over the past 3 months. They provide money management training, interpreter and translator services, job placement and volunteer opportunities. 	<ul style="list-style-type: none"> • For more information please call Jennifer at 546-7220x4628.
Save the date	<ul style="list-style-type: none"> • Spring Networking session is scheduled on Tuesday, April 26 at Unity Health System, East Auditorium at Noon-2pm. 	<ul style="list-style-type: none"> • A reminder email will be distributed to all.

Notes taken by Jacqueline Procope-Isaacs, PNMC