

# PERINATAL NETWORK OF MONROE COUNTY

## Spring Networking Session

Date: March 26, 2009

### MINUTES

Attendees: Jamie Mort, Michelle Arnitz, Andrea Moore, Michelle Marino, Unity Health Systems; Marianne Lettis, Progressive Neighborhood Credit Union; Marilyn Curley, Rochester School for Deaf; Camille Julian, Monroe County WIC program; Heidi Loomis & Adrienne Babcock, Nurse Family Partnership; Jaime Venditti & Jessica Hanley, Pharmaceutical Research and Manufacturers of America/PPA; Maribel Torres & Carmen Vega, IBERO – Promotores de Salud; Dot Gulardo, SWAN Healthy Home; Kim Ehrhart, Strong Recovery SMH; Eleanor Kane, Coordinated Care Services; Sandra Kemp, Health Partnership; Nikki Belotti, Babylove; Cynthia Long, Perinatal Home Visiting Program MCHD; Rodric Cox-Cooper & Wanda Acevedo, Wilson Commencement Park; Lisa Packer, Family Resource Center; Robin Schepp, Babylove; Tammy Butler, Visiting Nurse Services; Dannis Matteson, St. Joseph Neighborhood and Nancy O'Rourke, Threshold.

PNMC Staff: Anita McCarthy, Healthy Start Project Director; Anita Irene Marrero, CPPSN Program Manager; Sherita Bullock, Community Relations Manager and Jacqueline Procope-Isaacs, Program Assistant.

26 attendees, 24 evaluations returned.

Topic	Discussion	Follow-up/Action
1. Introductions/Welcome:	<ul style="list-style-type: none"> <li>❖ Welcome &amp; Introductions were made by Anita Irene Marrero, CPPSN Program Manager.</li> <li><u>PNMC updates:</u></li> <li>❖ Save the date: Annual conference being planned for Friday, May 15, 2009 at Holiday Inn Brooks Ave.</li> <li>❖ Please join us for the upcoming PNMC Coalition meetings:               <ul style="list-style-type: none"> <li>❖ Perinatal Mood Disorder meeting will be held Tuesday, March 31<sup>st</sup> at 9:00-10:30 a.m.</li> <li>❖ Perinatal Oral Health meeting will be held on Thursday, April 9 at Noon-1:30 p.m.</li> <li>❖ Perinatal Smoking Cessation meeting will be held on Thursday, April 16 at Noon-1:30 p.m.</li> </ul> </li> <li>❖ PNMC directories are available on-line at <a href="http://www.pnmc-hsr.org">www.pnmc-hsr.org</a>. A link is available to add new listings or update your information.</li> <li>❖ PNMC welcomes Anita McCarthy, Healthy Start Project Director.</li> </ul>	<ul style="list-style-type: none"> <li>❖ Informational..</li> <li>❖ E-invitations will be mailed. Contact Jacqueline at <a href="mailto:jisaacs@pnmc-hsr.org">jisaacs@pnmc-hsr.org</a></li> <li>❖ Contact Jacqueline at <a href="mailto:jisaacs@pnmc-hsr.org">jisaacs@pnmc-hsr.org</a> for more information.</li> <li>❖ Contact Jennifer Van Remmen at <a href="mailto:jvanremmen@pnmc-hsr.org">jvanremmen@pnmc-hsr.org</a> or 546-4930x219 for more information.</li> <li>❖ Contact Anita at 546-4930 x 204 or email <a href="mailto:amccarthy@pnmc-hsr.org">amccarthy@pnmc-hsr.org</a> for more information.</li> </ul>
2. Program updates	1. Rochester Area Birth Network,	❖ Contact Karen Miceli at

<p>Program updates cont'd</p>	<p><a href="http://www.rabn.org">www.rabn.org</a>. Advocates for health, safety, and informed options in childbearing. <b>Placenta Benefits</b>, <a href="http://PlacentaBenefits.info">http://PlacentaBenefits.info</a>, <a href="http://www.birthing_services.homestead.com">www.birthing_services.homestead.com</a></p> <p>2. <b>Strong Recovery – URM</b> ❖ Promotes recovery from addiction and mental illness through an integrated healthcare system.</p> <p>3. <b>Health Partnership of Monroe County</b> ❖ Offers no cost screenings for breast, cervical and colorectal cancer for females 40+ and males 50+.</p> <p>4. <b>St. Joseph’s Neighborhood Center</b> <a href="http://www.sjncenter.org">www.sjncenter.org</a> ❖ Offers counseling services, literacy/GED program, primary health care, advocacy. There is a fee for Drs. visits, no insurance necessary. This is not a walk-in service; patient must make an appointment to be seen.</p> <p>5. <b>Babylove – Social Work at U of R &amp; Monroe Plan</b> ❖ Offers prenatal services to clients who are pregnant; less than 30 weeks, support services including counseling, financial help, childbirth classes, transportation to medical appointments etc. Visits can continue until baby is 1 year old.</p> <p>6. <b>Progressive Neighborhood Credit Union</b> ❖ Helps community members with financial planning, improving their credit, purchasing their first home, etc.</p> <p>7. <b>Wilson Commencement Park</b> <a href="http://www.wilsoncommencementpark.org">www.wilsoncommencementpark.org</a> ❖ Provides services to low-income, single parents and their children to improve family stability, increase economic independence, and strengthen community. On-site child care center is available to the public.</p> <p>8. <b>Nurse Family Partnership MCHD</b> ❖ Helps first time mothers improve pregnancy outcomes. It is a voluntary program where nurses visit low income women in their homes during their first pregnancy and through out the first 2 years of their children's lives. The program helps to improve pregnancy outcomes, child and health development, and economic self-sufficiency of the family.</p> <p>9. <b>Pharmaceutical Research &amp; Manufacturers of America – Partnership for Prescription Assistance</b> <a href="http://www.pparx.org">www.pparx.org</a> ❖ Helps people pay for their medicine. The Healthcare Access Network is made up of</p>	<p>234-0022 and 335-5909 for more information.</p> <p>❖ Contact Kim Ehrhart at 275-5489 for more information.</p> <p>❖ Contact Sandra Kemp at 224-3070 or 753-5978 for more information.</p> <p>❖ Contact Dannis Mattison at 325-5260 or <a href="mailto:dmattison@sjncenter.org">dmattison@sjncenter.org</a> for more information.</p> <p>❖ Contact Nikki Bellotti at 339-3209 or Robin Schepp at 288-2634 x 26 for more information.</p> <p>❖ Contact Gloria Edmonds at 328-5410 for more information.</p> <p>❖ Contact Wanda Acevedo or Rod Cox-Cooper at 263-7930 for more information.</p> <p>❖ Contact Heidi Loomis, at 753-KIDS (5437) for more information.</p> <p>❖ Contact 1-888-4PPA-NOW (1-888-477-2669) or Jessica Hanley 315-474-7200 x 4. or email <a href="mailto:Jessica@armcomm.net">Jessica@armcomm.net</a> for more information.</p>
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Program updates	community groups, providers to protect and increase access to quality health care for New Yorkers. Call center recognizes various languages. Educational services focuses on smoking cessation, chronic illness, adult vaccinations and underinsured.	
Program updates	<p><b>10. Monroe County WIC</b></p> <ul style="list-style-type: none"> <li>❖ As of 1/09 Wic has new foods available that are up to date with USDA requirements. Parents can receive more fruits, vegetables, meat, can beans, etc. Services available for pregnant women, breastfeeding, postpartum and peer counseling program.</li> </ul> <p><b>11. Rochester School for the Deaf</b> <a href="http://www.RSDeaf.org">www.RSDeaf.org</a>.</p> <ul style="list-style-type: none"> <li>❖ Offers resources to enable students who are deaf or hard of hearing to develop and achieve academic and technical skills. Early childhood programs support families in ways to be successful despite challenges. Program is FREE for families.</li> </ul> <p><b>12. Family Resource Center – Parents as Teachers, home visiting program (PAT)</b></p> <ul style="list-style-type: none"> <li>❖ P.A.T. offers personal visits with parents and children to talk about child development and parenting issues. Visits last about an hour and are scheduled monthly. Families must live in the City of Rochester and have a child between birth-5 years of age. Offers prenatal visits, too.</li> </ul> <p><b>13. Threshold at Community Place</b> <a href="http://www.thresholdcenter.org">www.thresholdcenter.org</a></p> <ul style="list-style-type: none"> <li>❖ Offers healthcare to underinsured/un-inst insured Monroe County resident between 12-25 years old. Provides confidential services such as birth control, STD screening, counseling, primary care for illness and private health education to ensure better overall health. Accept all insurances and have a sliding fee scale.</li> </ul> <p><b>13. Healthy Start Center at Unity Health Systems</b></p> <ul style="list-style-type: none"> <li>❖ Offers help to pregnant and parenting women with children up to age 2. Families must live in the targeted zip codes 14608, 14611, 14619, 14605, 14609, 14621, 14607, 14606, 14613 to receive services. Center provides educational services, smoking cessation, stress reduction, and mental health therapy. Center is in need of clothing donations for Moms and children.</li> </ul> <p><b>14. Comienzo Sano (Healthy Start)</b></p> <ul style="list-style-type: none"> <li>❖ Offers prenatal education and parenting programs. Woman must be pregnant or</li> </ul>	<ul style="list-style-type: none"> <li>❖ Contact Camille Julian at 753-4WIC for more information.</li> <li>❖ Contact Marilyn Curley at 336-5807 or email <a href="mailto:mcurley@rsdeaf.org">mcurley@rsdeaf.org</a> for more information.</li> <li>❖ Contact Lisa Packer at 436-0370 x 308 for more information.</li> <li>❖ Contact Nancy O'Rourke at 454-7530 for more information.</li> <li>❖ Contact Valerie Heard for more information or to tour the facilities at 368-3489.</li> <li>❖ Contact Maggie Laza at 922-0228 for more information.</li> </ul>

<p>Program updates</p>	<p>have a child 2 years old or younger. Reside in zip codes 14605, 06, 07, 08, 09, 11, 13, 19, 21.</p> <p><b>15. Perinatal Home Visiting Program – MCHD</b></p> <ul style="list-style-type: none"> <li>❖ Offers services to pregnant women who meet the eligibility criteria. Each woman receives visits in her home from a Community Health Worker until the baby is one year old. There is no cost to families for this service.</li> </ul> <p><b>16. IBERO - Promotores de Salud</b> <a href="http://www.iaal.org">www.iaal.org</a></p> <ul style="list-style-type: none"> <li>❖ Promotes growth and development of Hispanics and others, through advocacy programs for children &amp; youth, family support, health promotion, disabled and seniors services. Goals are to help clients improve health and wellness, navigate the health care system and increase access to health care.</li> </ul> <p><b>17. Healthy Home</b></p> <ul style="list-style-type: none"> <li>❖ Help people find and deal with environmental health hazards in their homes. Some of the hazards include asthma triggers, lead, mold, pests, unintentional injuries, and carbon monoxide. Informational checklists as well as resource lists provides visitors with steps that they can take to create a healthier home. In the process of training interpreters for tours for refugee families.</li> </ul> <p><b>18. Unity Healthy System – Pediatrics 819 W. Main location, serving 14611</b></p> <ul style="list-style-type: none"> <li>❖ Offers health care for kids, and is now accepting new patients. Total health care for every stage of childhood, preventive care &amp; immunizations, regular check-ups, lab tests, assistance with emotional and behavioral problems, information &amp; referrals to other services, all forms of insurance accepted, sliding scale for those with no insurance, free parking, family-friendly environment, round-the-clock emergency phone number, Opens Monday - Friday 9:00 a.m. - noon; 1:00 - 5:00 p.m.</li> </ul> <p><b>19. Unity Health Social Work – 2260 Lake Ave</b> <a href="http://www.unityhealth.org">www.unityhealth.org</a></p> <ul style="list-style-type: none"> <li>❖ Assist patients with facilitated enrollment for Family Health Plus, Child Health Plus. Financial Assistant program available.</li> <li>❖ <b>Unity Family Medicine @ St. Mary's</b> offers RPCN grant coverage to help patients cover co-payments, prescription for FHP and Medicaid etc. Accepting new patients.</li> </ul>	<ul style="list-style-type: none"> <li>❖ Call 753-5437 for more information.</li> <li>❖ Contact Maribel Torres or Carmen Vega 256-8900 or 697-0600 for more information</li> <li>❖ Contact Dot Gulardo to arrange a tour at 331-7504</li> <li>❖ Call 529-3889 or 235-0360 for more information.</li> <li>❖ Call 368-3061 for more information.</li> </ul>
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<p>Program updates</p>	<ul style="list-style-type: none"> <li>❖ <b>Unity Walk In Care Center</b> - not a free clinic, has Psych ER available.</li> <li><b>20. Coordinated Care Services Inc. (CCSI)</b> – <a href="http://www.ccsi.org">www.ccsi.org</a></li> <li>❖ Facilitated Enrollers assist families with applications for Medicaid, Child Health Plus, Family Health Plus and WIC (Women, Infants, and Children). Goal is to have enrollers speak enroll families for insurance. Language is not a barrier, there are English, Spanish, Vietnamese, Ukrainian and Russian enrollers available.</li> <li><b>21. Visiting Nurse Services</b> – <a href="http://www.vnsnet.com">www.vnsnet.com</a></li> <li>❖ Offers long term Home Health Care, Hospice and Palliative Care and nutritious Meals on wheels program.</li> </ul>	<ul style="list-style-type: none"> <li>❖ Call 368-3051 for more information.</li> <li>❖ Contact Eleanor Kane at 613-7673 or <a href="mailto:ekane@ccsi.org">ekane@ccsi.org</a> for more information.</li> <li>❖ Call 613-7662 for more information .</li>   <li>❖ Call 787-2233 for more information.</li> </ul>
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*Minutes taken by: Jacqueline Procope-Isaacs, Perinatal Network of Monroe County.*